



# How To Have Peace

Philippians 4:4-7



"Worry does not empty tomorrow of its sorrows; it empties today of its strength."

*-Corrie ten Boom*





READ: Philippians 4:4-7





Take what's spinning in your head and aim it  
upward





Also known as prayer.





The Lord is at hand.

*-Philippians 4:5b*





I will never leave you nor forsake  
you.

*-Hebrews 13:5b*





...and the God of peace will be  
with you.

*-Philippians 4:9b*





# Three Things

## The Near God Makes Possible





# 1. He makes constant joy possible

*Rejoice in the Lord always. Again I will say, rejoice.*

- Philippians 4:4





# 1. He makes constant joy possible

*Though the fig tree should not blossom... I will take joy in the God of my salvation.*

- Habakkuk 3:17-18





## 2. He makes reasonableness (gentleness) possible

*Let your reasonableness be known to everyone..*

- Philippians 4:5a





# 3. He makes not worrying possible

*...do not be anxious about anything*

- Philippians 4:6a





# Don't be anxious about anything...

...but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

*-Philippians 4:5-6*





# Don't be anxious about anything...

...but in everything by prayer and supplication with thanksgiving let your requests be made known to God.  
-*Philippians 4:5-6*





# The Exchange

Don't do that . . . do this instead





# The Exchange

## 1. Prayer





# The Exchange

1. Prayer
2. Supplication





# The Exchange

1. Prayer
2. Supplication
3. Thanksgiving





Turn your problems into  
prayers





# The Result

Peace that guards your heart





# The Result:

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

*-Philippians 4:7*





# Deuteronomy 4:7

What other nation is so great as to have their gods near them the way the Lord our God is near us whenever we pray to him?





# Exodus 25:8

And let them make me a sanctuary, that I may dwell in their midst.





# John 1:14

And the Word became flesh and dwelt among us.





# Revelation 21:3-4

Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.





# Isaiah 57:20-21

But the wicked are like the tossing sea; for it cannot be quiet, and its waters toss up mire and dirt. There is no peace,” says my God, “for the wicked.”





# Ephesians 2:13-14

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility





# Psalm 16:8, 11

I have set the Lord always before me; because he is at my right hand, I shall not be shaken....

You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.





Don't you worry about anything  
Instead pray about everything  
Tell God what you need  
And thank him for all he has done.

And the peace of God  
Far beyond what we can understand  
Will guard your heart and your mind  
In Christ Jesus

