




Girded with Truth

Ephesians 6:14a



Because Jesus followers face an enemy whose tactic is deception, we must firstly be girded with truth.

Let's uncover what this means, Jesus' example and ways to buckle up.





Read
Ephesians 6:10-14
(page 979)



The meaning of 'girded with truth'





Put on the whole armor of God, that you may be able to stand against the schemes of the devil. (v. 11)

1. We need armor!
- 



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1. We need armor!
 2. We need the whole armor of God.
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Put on the whole armor of God, that you may be able to stand against the schemes of the devil. (v. 11)

1. We need armor!
2. We need the whole armor of God.

Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God ...
(Ephesians 6:10-11)





Messiah's Armor in Isaiah

Isaiah 11:5

Righteousness shall be the belt of his waist,
and truth* the belt of his loins.

**Septuagint translates faithfulness [Hebrew] as truth [Greek]*





Messiah's Armor in Isaiah

Isaiah 59:17

[The LORD] put on righteousness as a breastplate, and a helmet of salvation on his head;






Messiah's Armor in Isaiah


Isaiah 52:7

How beautiful upon the mountains are the feet of him who brings good news, who publishes peace, who brings good news of happiness, who publishes salvation, who says to Zion, "Your God reigns."





Put on the whole armor of God, that you may be able to stand against the schemes of the devil. (v. 11)

1. We need armor!
 2. We need the whole armor of God.
 3. We must intentionally “put on” the armor.
- 



3. We must intentionally “put on” the armor.

1. PUT ON (verse 11)

as in to clothe oneself, to wear clothing


2. TAKE UP (verse 13)

receive an object in order to carry or use it





Put on the whole armor of God, that you may be able to stand against the schemes of the devil. (v. 11)

1. We need armor!
 2. We need the whole armor of God.
 3. We must intentionally “put on” the armor.
 4. The goal is to stand.
- 




Stand

Ephesians 6:11-14

Put on the whole armor of God, that you may be able to stand against the schemes of the devil... Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

Stand therefore, having fastened on the belt of truth...






The meaning of 'girded with truth'

Stand therefore,
having fastened on
the belt of truth...
(Ephesians 6:14)





The meaning of 'girded with truth'

Stand therefore,
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Genesis 3:1

Now the serpent was more crafty than any other beast of the field that the LORD God had made.


He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden’?”





Genesis 3:2-3


And the woman said to the serpent,
“We may eat of the fruit of the trees in
the garden, but God said, ‘You shall not
eat of the fruit of the tree that is in the
midst of the garden, neither shall you
touch it, lest you die.’”





Genesis 3:4-5


But the serpent said to the woman, “You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”






Genesis 3:6

So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate.





“By mixing a
little truth with
it they had
made their lie
far stronger.”


C.S. Lewis
(1898-1963)





Genesis 3:7


Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.





Matthew 4:1–2


Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry.





Matthew 4:3-4


And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’”





Matthew 4:5-6


Then the devil took him to the holy city and set him on the pinnacle of the temple and said to him, “If you are the Son of God, throw yourself down, for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, lest you strike your foot against a stone.’”





Psalm 91:11-12


For he will command his angels concerning you to guard you in all your ways. On their hands they will bear you up, lest you strike your foot against a stone.





Psalm 91:13


You will tread on the lion and the adder;
the young lion and the serpent you will
trample underfoot.





Matthew 4:7


Jesus said to him, “Again it is written, ‘You shall not put the Lord your God to the test.’”





Matthew 4:8-9


Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, “All these I will give you, if you will fall down and worship me.”






Matthew 4:10

Then Jesus said to him, “Be gone, Satan! For it is written, ‘You shall worship the Lord your God and him only shall you serve.’”






Jesus' example of 'girded with truth'

1. What might it have looked like if Eve had been girded with truth, responding like Jesus?
- 



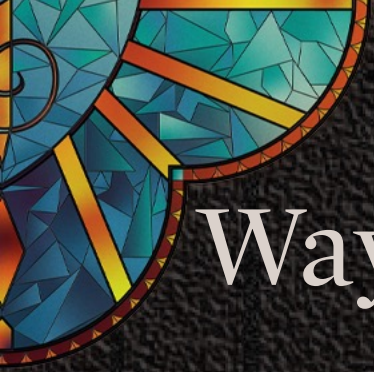
Two macro reflection questions

2. How was Jesus able and ready for combat with the devil?



The image features a dark, textured background with a white border. In the top-left and bottom-right corners, there are decorative stained glass patterns in shades of blue, yellow, and red. The central text is white and reads:

Are you girded with the truth?




Ways to Buckle Up

1. Memorize Scripture





Ways to Buckle Up

1. Memorize Scripture
 2. Plan your Word-rich intake
- 



2. Plan your Word-rich intake

“Either this book will keep you from sin, or sin will keep you from this book.”

John Bunyan





2. Plan your Word-rich intake


“The less we read the Word of God, the less we desire to read it, and the less we pray, the less we desire to pray.”

George Müller





Ways to Buckle Up

1. Memorize Scripture
 2. Plan your Word-rich intake
 3. Seek to LOVE It (Psalm 119)
- 



Ways to Buckle Up

1. Memorize Scripture
 2. Plan your Word-rich intake
 3. Seek to LOVE It (Psalm 119)
 4. Gird yourself with the gospel
- 