



RESILIENT

**The Power to
Overcome Anxiety**

Matthew 6:25-34



1 Corinthians 2:4-5

...and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.



1 Corinthians 4:20

For the kingdom of God does not consist in talk but in power.



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Mark 9:28-29

His disciples asked him privately, “Why could we not cast it out?” And he said to them, “This kind cannot be driven out by anything but prayer.”



Acts 19:15

But the evil spirit answered them,
“Jesus I know, and Paul I recognize,
but who are you?”



Luke 22:31-32

“Simon, Simon, behold, Satan demanded to have you, that he might sift you like wheat, but I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers.”



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Ekleipó

To leave out, pass by, to obscure

As in, the failing or eclipse of the light of the sun.





READ: Matthew 6:25-34



"Worry does not empty tomorrow of its sorrows; it empties today of its strength."

-Corrie ten Boom



Romans 8:32

He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?



Hebrews 12:2a

...fixing our eyes on Jesus, the pioneer
and perfecter of faith.



“Jesus knew His limits well. Strange as it may seem, He knew what we conveniently forget: that time must be properly budgeted for the gathering of inner strength and resolve in order to compensate for one’s weaknesses when spiritual warfare begins.”

-Gordon McDonald, “Ordering Your Private World”



John 15:5

I am the vine; you are the branches.
Whoever abides in me and I in him, he
it is that bears much fruit, for apart
from me you can do nothing.



Philippians 4:6-7

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.



Revelation 1:17b-18

Fear not, I am the first and the last, and the living one. I died, and behold I am alive forevermore, and I have the keys of Death and Hades.



Acts 4:13

Now when they saw the boldness of Peter and John, and perceived that they were uneducated, common men, they were astonished. And they recognized that they had been with Jesus.