



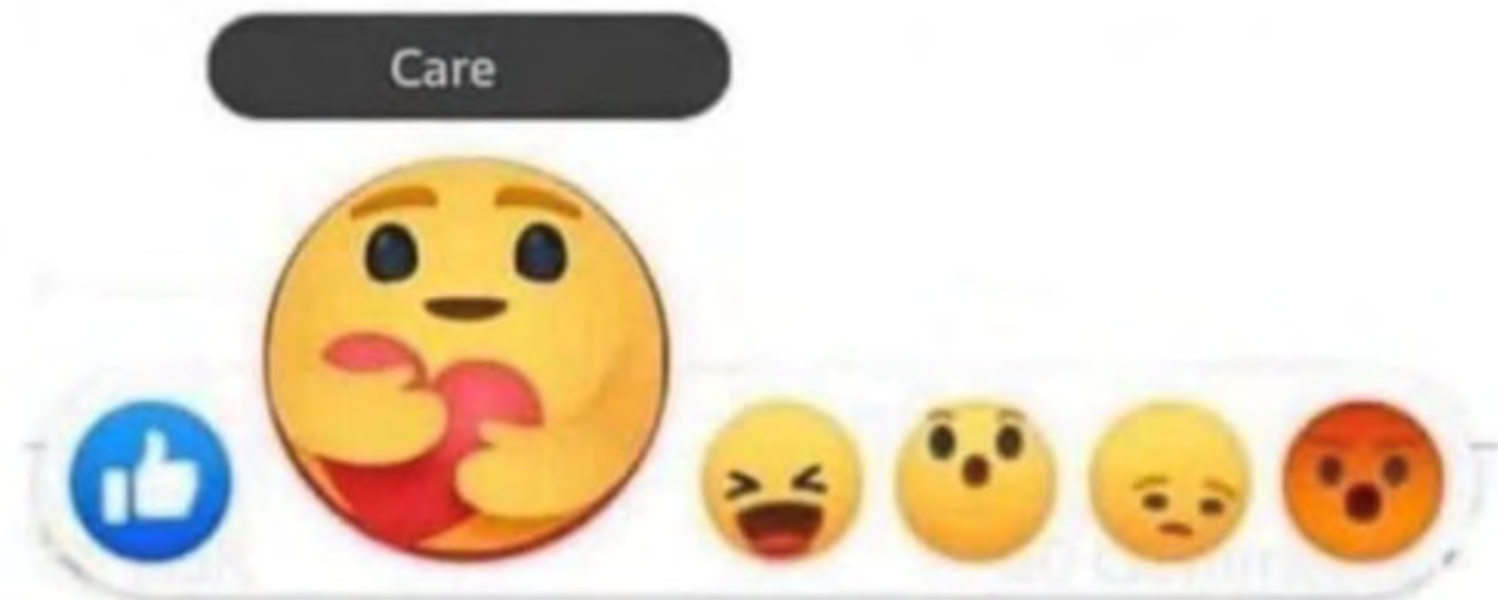
RESILIENT

Navigating Anger

Matthew 5:21-26



What Facebook thinks I want:



What I actually want:



ugh



facepalm



seriously?



what the **heck**



Matthew 5:21-26



1 John 3:15a

Everyone who hates his brother is a
murderer . . .



Ephesians 4:26-27

Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.



Exodus 34:6

The Lord passed before him and proclaimed,
“The Lord, the Lord, a God merciful and
gracious, slow to anger, and abounding in
steadfast love and faithfulness . . .



Hebrews 12:14-15

Strive for peace with everyone, and for the holiness without which no one will see the Lord. See to it that no one fails to obtain the grace of God; that no “root of bitterness” springs up and causes trouble, and by it many become defiled.



John 13:34-35

A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.”



Romans 5:8

But God shows his love for us in that while we were still sinners, Christ died for us.



Colossians 3:13-14

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.



Colossians 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.



John 17:21

...that they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me.