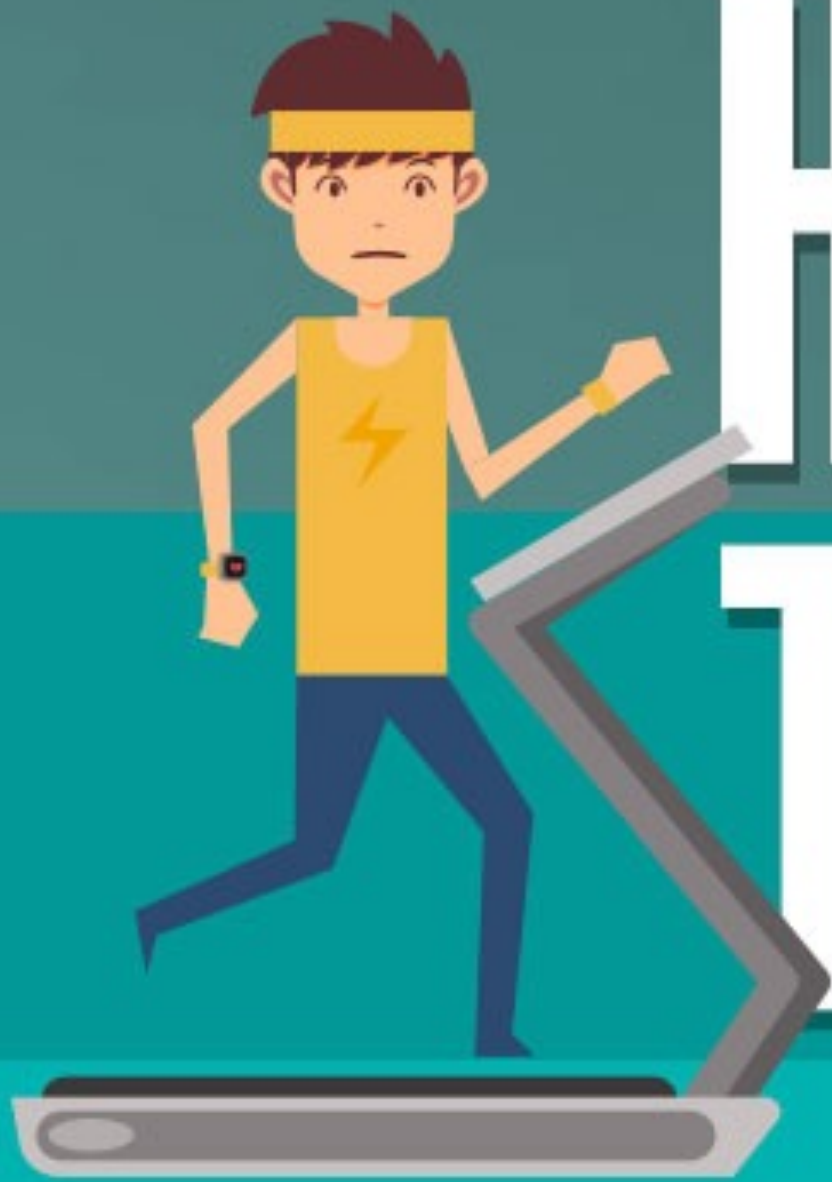




RESILIENT

Imitating Jesus

Matthew 5:4-7



HEDONIC

TREADMILL

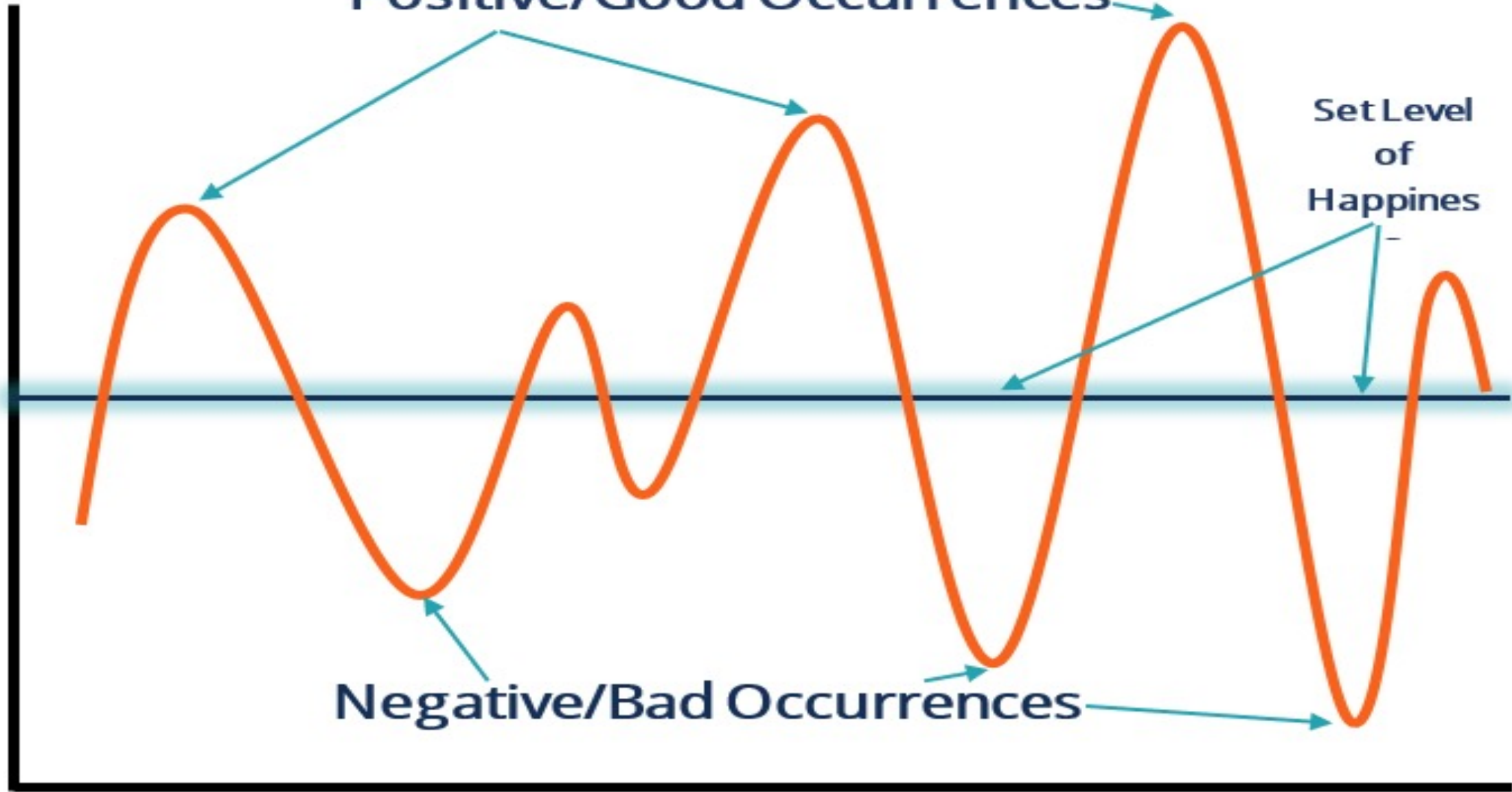
Happiness

Positive/Good Occurrences

Set Level of Happiness

Negative/Bad Occurrences

Lifetime





Matthew 5:4-7

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall receive mercy.



Blessed are those who mourn, for they shall be comforted. (Matt. 5:4)



Blessed are those who mourn, for they shall be comforted. (Matt. 5:4)

Blessed are you who weep now, for you shall laugh. (Luke 6:21)

Woe to you who laugh now, for you shall mourn and weep. (Luke 6:25)



Psalm 137:1-4

By the waters of Babylon, there we sat down and wept, when we remembered Zion. On the willows there we hung up our lyres. For there our captors required of us songs, and our tormentors, mirth, saying, “Sing us one of the songs of Zion!”



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How shall we sing the Lord's song in a foreign land?



Ezekiel 9:4-6

And the Lord said to him, “Pass through the city, through Jerusalem, and put a mark on the foreheads of the men who sigh and groan over all the abominations that are committed in it.”

And to the others he said in my hearing, “Pass through the city after him, and strike. Your eye shall not spare, and you shall show no pity. Kill old men outright, young men and maidens, little children and women, but touch no one on whom is the mark. And begin at my sanctuary.”



2 Peter 2:7-8

[God] rescued righteous Lot, greatly distressed by the sensual conduct of the wicked (for as that righteous man lived among them day after day, he was tormenting his righteous soul over their lawless deeds that he saw and heard);



“Remember that if you are a child of God, you will never be happy in sin. You are spoiled for the world, the flesh, and the devil.

When you were regenerated there was put into you a vital principle, which can never be content to dwell in the dead world. You will have to come back, if indeed you belong to the family.”



Charles Spurgeon



What Is Biblical Repentance?

1. The sight of sin
2. Sorrow for sin
3. Confession of sin
4. Hatred for sin
5. Turning from sin



Isaiah 61:1-3

The Spirit of the Lord God is upon me, because the Lord has anointed me to comfort all who mourn; to grant to those who mourn in Zion— to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit;



Blessed are the meek, for they shall inherit the earth. (Matt. 5:5)



“Meek”

= Greek word “*praus*”

= power under control



RESILIENT







Matthew 26:53

Do you think that I cannot appeal to my Father,
and he will at once send me more than twelve
legions of angels?



Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

(Matt. 5:6)



A Hunger to Wholly Do God's Will From Your Heart

- Let me not wander from your commandments (Ps. 119:10)
- Make me understand the way of your precepts (Ps. 119:27)
- Make me walk in the path of Your commandments (Ps. 119:35 NASB)
- Incline my heart to Your testimonies (Ps. 119:36)
- Turn my eyes from looking at worthless things (Ps. 119:37)
- Let no iniquity get dominion over me (Ps. 119:133)



Romans 7:24

Wretched man that I am! Who will deliver me from this body of death?



Hebrews 1:8-9

But of the Son [God] says

You have loved righteousness and hated wickedness; therefore God, your God, has anointed you with the oil of gladness beyond your companions.”



Isaiah 25:6-8

On this mountain the Lord of hosts will make for all peoples a feast of rich food, a feast of well-aged wine, of rich food full of marrow, of aged wine well refined. And he will swallow up on this mountain the covering that is cast over all peoples, the veil that is spread over all nations. He will swallow up death forever; and the Lord God will wipe away tears from all faces, and the reproach of his people he will take away from all the earth, for the Lord has spoken. It will be said on that day, "Behold, this is our God; we have waited for him, that he might save us. This is the Lord; we have waited for him; let us be glad and rejoice in his salvation.



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Isaiah 53:11

Out of the anguish of his [Jesus'] soul he [God the Father] shall see and be satisfied; by his knowledge shall the righteous one, my servant, make many to be accounted righteous, and he shall bear their iniquities.



Blessed are the merciful, for they shall receive mercy. (Matt. 5:7)



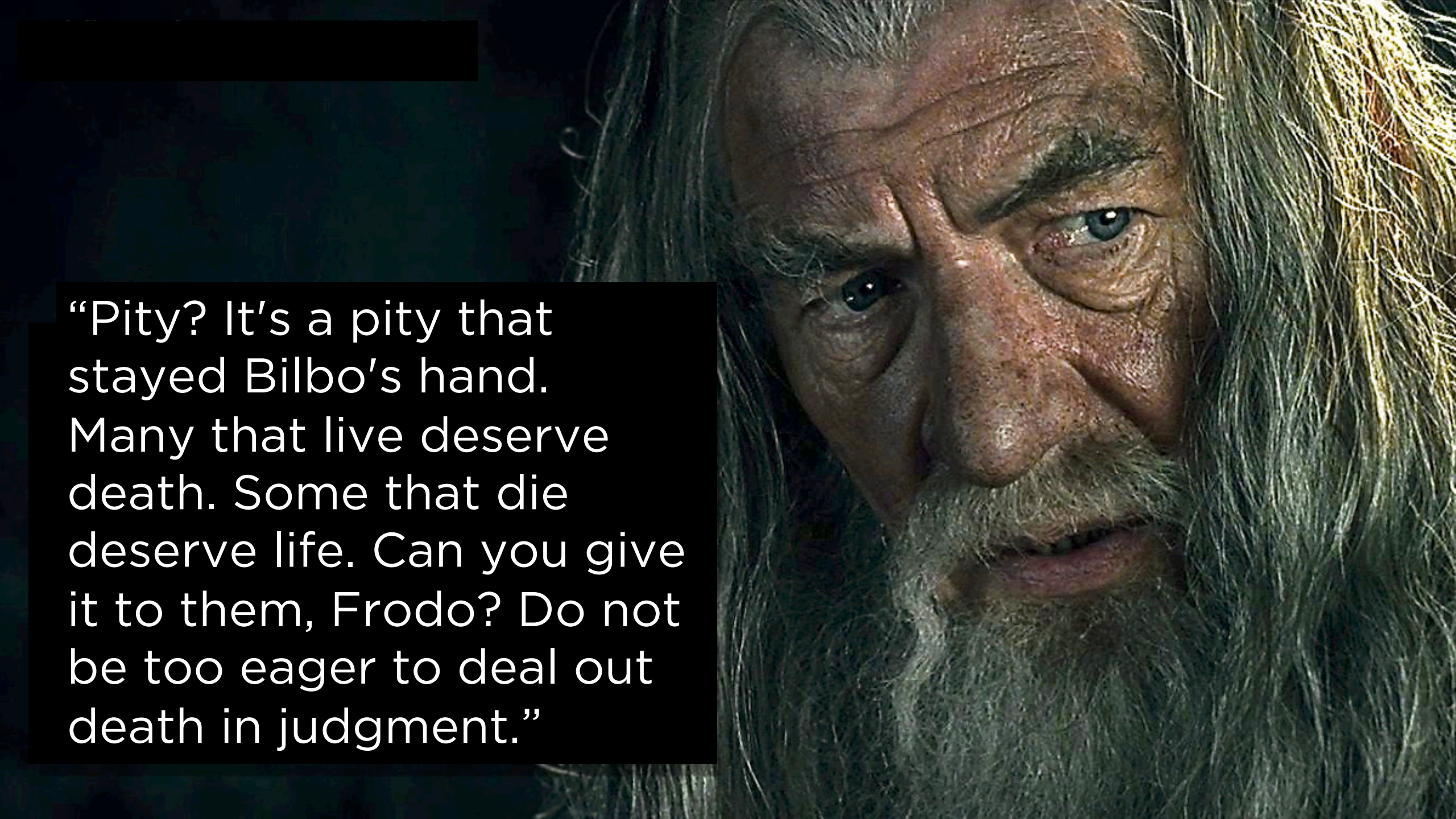
Matthew 6:14-15

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.



James 2:13

For judgment is without mercy to one who has shown no mercy. Mercy triumphs over judgment.

A close-up, high-angle shot of Gandalf the White from 'The Lord of the Rings'. He has long, flowing white hair and a full white beard. His eyes are a striking blue, and his expression is one of intense, weary wisdom. The lighting is dramatic, highlighting the texture of his hair and the lines on his face. The background is dark and out of focus.

“Pity? It’s a pity that stayed Bilbo’s hand. Many that live deserve death. Some that die deserve life. Can you give it to them, Frodo? Do not be too eager to deal out death in judgment.”

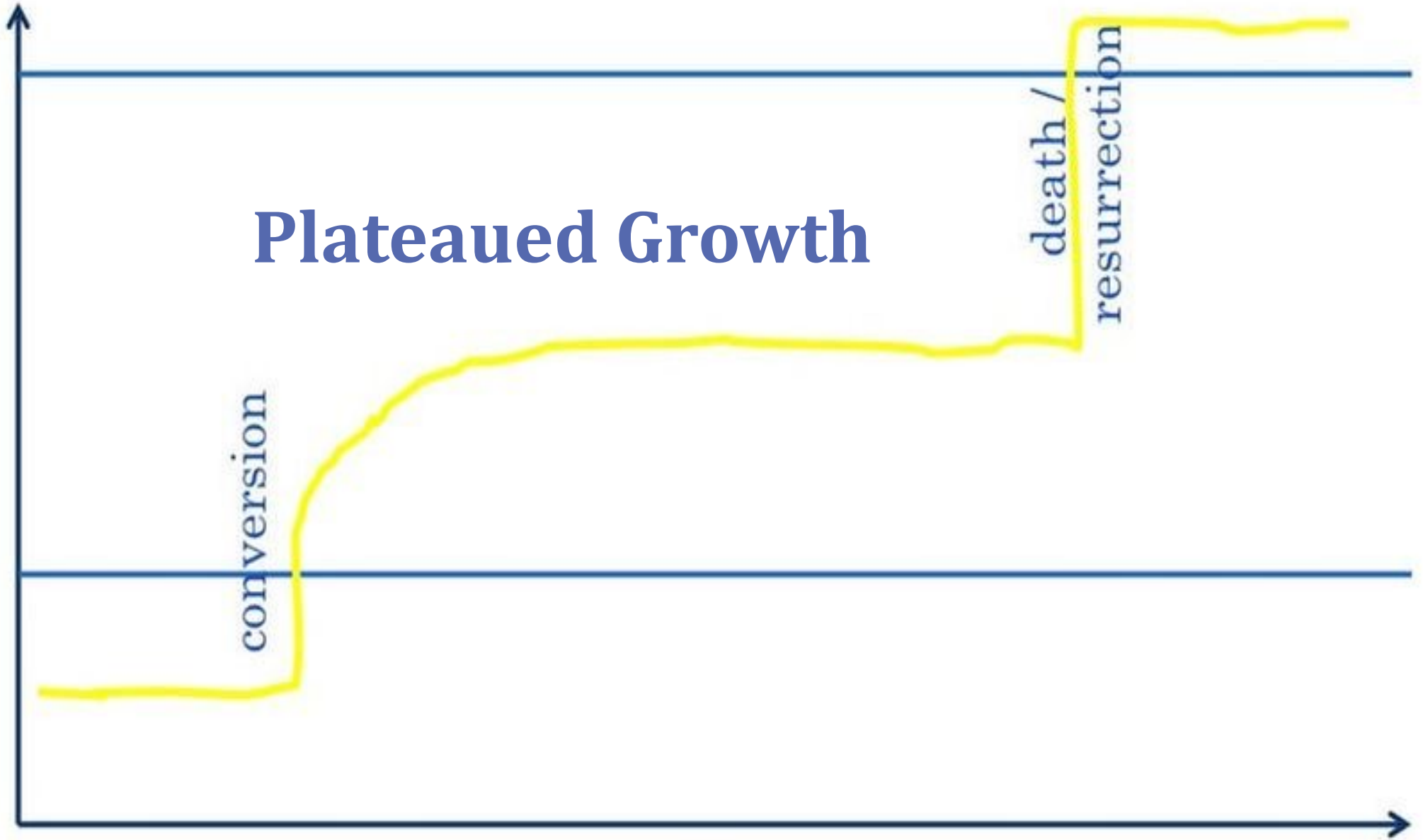


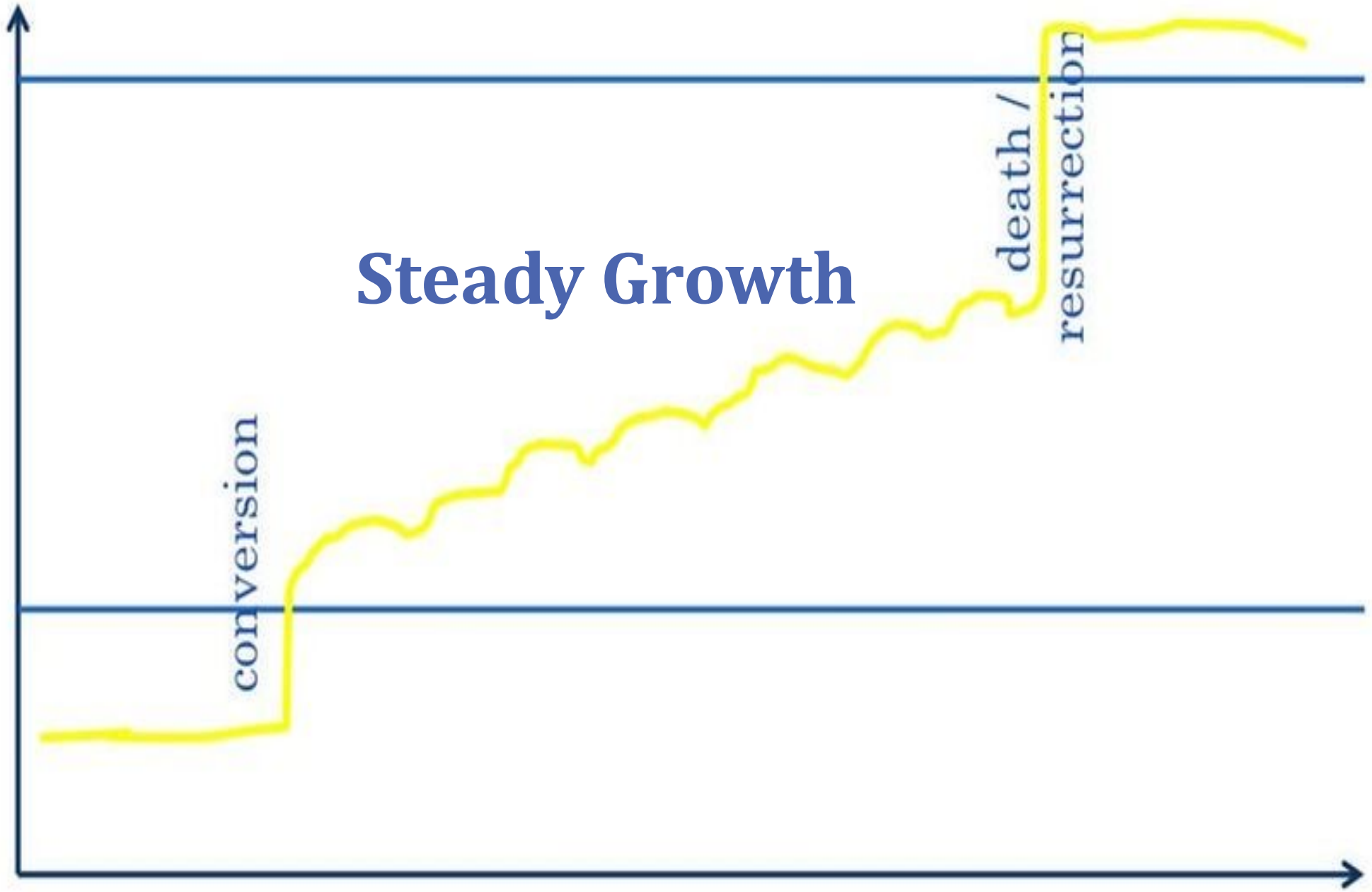
Exodus 34:6

The Lord passed before him and proclaimed,
“The Lord, the Lord, a God merciful and gracious,
slow to anger, and abounding in steadfast love
and faithfulness,



Plateaued Growth





Steady Growth

conversion

death /
resurrection



Philippians 3:12-14

Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. Brothers, I do not consider that I have made it my own.

But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

